

SCOTTISH ATHLETICS FEDERATION



**NATIONAL VETERANS
CROSS COUNTRY
CHAMPIONSHIPS**

**MARR COLLEGE,
TROON**

SATURDAY 21st FEBRUARY 1998

in association with

RUNNING IMP (UK)

Women 6,400 Metres	1.30pm
Men 10,000 Metres	2.15pm

Programme 50p

SCOTTISH ATHLETICS FEDERATION OFFICE -BEARERS

Hon President	W.M.Campbell C.B.E. Q.C. M.P.
President	Prof. R. Morrison (Fife AC)
Vice-President	Mrs R.Watt (Central AC)
General Secretary	R.W.Greenock (City of Edinburgh AC)

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Mrs E.Gunstone (Fife AC)
Vice Convener	C. Haskett (Dundee Hawkhill H.)
Hon. Secretary	B.A. Goodwin (Bellahouston H.)
Finance Officer	D. McLaren (Penicuik H.)

OFFICIALS

Referee	R McSwein
Clerk of Course	J McKinley
Judges	D Wilmoth (Chief), R Reid.
Recorders	M Wilmoth (Chief), M Daly, J Young.
Timekeepers	D McLaren (Chief), A Poulton, H Quinn.
Starter	W Robertson
Declarations/Results	A Jackson (Chief), J Jackson, P Jackson
Presentations	M Robertson
Course Marshals	Troon Tortoises
Programmes	H Jackson
Reception	E Gunstone, B Goodwin, D McLaren
Jury of Appeal	E Gunstone, B Goodwin, J Young
Convener	W Robertson, J Young, A Jackson

The Scottish Athletics Federation thanks the following for their assistance in running today's event

Mr & Mrs Young (Crossburn House)	Tom Barr (Hobsland Farm)
Mr Bray (Monkton Hall)	Troon Tortoises
British Red Cross Irvine Branch	South Ayrshire Council for use of Marr College

The SAF National Veterans Cross Country Championships marks the pinnacle of veteran competition for the Scottish 1998 Cross Country season. As president it is my pleasure to welcome you all to Troon and to wish you all individual success in your event.

Staging these Championships takes a great deal of careful preparation to ensure a successful day. Our grateful thanks therefore go to the Championships Conveners Sandy Robertson, Jim Young & Alex Jackson and all those who give their time in order to ensure excellent Championship facilities to the athletes

Finally my congratulations to all our winners today whether it be as a champion, in achieving a best performance or in competing, I hope to be running along with you

Ron Morrison
President
Scottish Athletics Federation

VETERAN WOMEN

Declarations Close -1.00

Race Starts -1.30

1997 Winner - T.Thomson(B Pitreavie AAC)

1997 Team - (B Pitreavie AAC)

Aberdeen AAC-Colours: White with 2 red hoops

115 Armitage S; (35) 116 Simpson U; (40) 117 Stafford M; (40)

Ayrodynamic Tri Club

118 Mcpherson K; (35)

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

119 Boyd E; (40)

Annan & District AC- Colours: Yellow Vest/Black Shorts

120 Legg C(35);

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

121 Marr L(35); 122 Thomson T; (35) 123 Ferrari J; (45) 124 Roberts K; (40)

Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross

125 Irvine S; (35)

Caithness AAC-Colours: White with diag Blue Stripe

126 Farquhar F; (45)

City of Glasgow AC-Colours: Royal Blue with Green Panel

127 Thompson C; (40) 128 Sinclair M; (40) 129 Branney S; (40) 130 Taylor M; (35) 131 Harvie A; (40)

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

132 Hanlon G; (40)

Dundee Road Runners-Colours: White with Blue Diagonal

133 Robertson M; (50) 134 Strachan A; (45) 135 McGill L; (40)

Fife AC-Colours: White with Red Band

136 Lemoncello P; (50) 137 McLachlan E; (40)

Fraserburgh R C-Colours: Black & White

138 Duthie M; (35)

Giffnock North AAC-Colours: Amber with Royal Blue Hoop

139 Galbraith D; (35)

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

140 Hay A; (40)

Irvine AC-Colours: Red with Black Trim

141 Morton H; (35) 142 Byng J; (50) 143 Melville K; (50) 144 Stevenson J; (35) 145 Burke M; (35)

146 Scott A; (35) 147 McGarry L; (40)

Kilbarchan AAC-Colours: Gold with Black Hoop

148 Moore M;(60) 149 Murray J; (45) 150 Gordon T; (35)

Kinross Road Runners-Colours: Yellow with Royal Blue Band

151 Bauchop S; (50)

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

152 Flynn A; (40) 153 Sutherland L; (40)

Livingston & District AAC-Colours: Yellow with Green Stripe

154 Rother P; (40)

Loudoun Runners AC-Colours: Royal Blue with 3 Horizontal Yellow Bands

155 Monteith D; (45)

Maryhill Harriers-Colours: Royal Blue

156 Porteous S; (40) 157 Porteous A; (45)

Shettleston Ladies-Colours: Blue with Yellow Band

158 Florence F; (35) 159 Harding L; (35) 160 Harvey J; (35) 161 Hughes Anne Marie; (35) 162 Reid E; (40)

Westerlands CCC-Colours: Yellow with Black "W" on Back

163 Menhennett C; (40) 164 Thomas M; (35) 165 Murray B; (40) 166 Macpherson H; (40)

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

167 Wood E; (35)

VETERAN MEN**Declarations Close -1.45****Race Starts -2.15****1997 Winner - F.Clyne (Metro Aberdeen)****1997 Team - (Cambuslang Harriers)****Aberdeen AAC-Colours:** White with 2 red hoops

901 Cassells S (40); 902 Edwards M (55); 903 Murdoch N (50); 904 Duguid F (45); 905 Simpson C (50); 906 Greaves M (45); 907 Johnstone B (45);

Arran Runners-Colours: Yellow/Black

908 Padden D (45);

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

909 Law A (40); 910 Gillies I (40); 911 Stewart A (40); 912 White C (45); 913 Strawhorn J (40); 914 Bonsor A (40); 915 McCulloch T (45); 916 Paul D (50); 917 Boyd W (40);

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

918 Baxter P (40); 919 Brown I (40); 920 Campbell J (40); 921 Duncan K (50); 922 Farquharson D (40); 923 Hunter-Blair Reg (55); 924 Hunter-Blair Ron (50); 925 Mathieson C (40); 926 Russell A (40); 927 Simpson C (40); 928 Smith N (45); 929 Garvie J (50);

Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross

930 Irvine J (60); 931 Joss C (40);

Calderglen Harriers-Colours: Amber and Black Vertical Stripes

932 Muir A (50); 933 Buchanan M (45); 934 Henderson A (40); 935 Shanks R (45);

Calne Running Club-Colours: Purple

936 Gardner B (40);

Central AC-Colours: Yellow and Blue

937 McHardy G (45); 938 Drummond J (45); 939 Gault W (50);

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

940 Hunter D (40); 941 Scott D (40); 942 MacEwen A (40); 943 Stevenson E (45); 944 Smith C (45); 945 Kay L (45); 946 Howie B (45); 947 Cockburn B (45); 948 Gallacher W (45);

949 Robertson M (45); 950 Begley B (50); 951 Bankowski Z (50); 952 McCaskey W (60);

953 McFall B (65); 954 Morrison H (60); 955 Turner J (45); 289 Cameron S (55)

Clydesdale Harriers-Colours: White with Black "C"

956 Dolan P (45); 957 Edridge B (50); 958 Gemmell D (50); 959 Hanratty J (45); 960 Kennedy G (40);

961 McDonald M (45); 962 McInroy R (45); 963 Pearson L (50); 964 Rossborough R (40);

965 Rudzinski P (45); 966 Shields J (50); 967 Wright J (40); 968 Young R (50);

Cumnock & District AC-Colours: Black with Red Diagonal Band

969 Smith P (45);

Dumbarton AAC-Colours: Black with Red Band

970 Christie W (50); 971 Corrigan P (40); 972 Duncan R (45); 973 Fletcher D (45);

974 Harrison J (40); 975 Kelly T (40); 976 Martin C (50); 977 Walsh P (40); 978 Wilson W (40);

Dumfries Running Club-Colours: White with Maroon and Sky blue Hoops

979 Chadderton D (50); 980 McDougall J (60); 981 Davers T (50); 982 Little C (40); 983 Brown I (40);

984 Hill L (40); 985 Mcpherson M (45);

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

986 Kerr S (40); 987 Moncur I (45); 988 Borland S (40); 989 Hasket C (40); 990 Hanlon G (40);

991 Ross C (Ind) (40); 992 Birse A (50); 993 King E (55);

Dundee Road Runners-Colours: White with Blue Diagonal

994 McGill R (45); 995 McLeod A (50);

East Kilbride AAC-Colours: Gold with 2 Black hoops

996 Ramage E (40); 997 Ronald R (40); 998 Turnbull D (55); 999 Partridge A (45);

70 Henderson H (40); 71 McLellan A (40);

Falkirk Victoria Harriers-Colours: Black with Gold Band

72 Martin J (40); 73 McKerracher P (40); 74 Cartwright P (55); 75 Day W (50);

Ferranti AAC-Colours: Yellow with Black letters

76 Jackson A (45); 77 Weston K (50); 78 Gavin J (45); 79 Shaw J (60); 80 Thomson B (45);

81 Cooney J (65); 82 Laidlaw C (40); 83 Bell A (40); 84 Bankhead M (40);

Fife AC-Colours: White with Red Band

85 Gunstone D (45); 86 McCue K (40); 87 Bennison G (50); 88 Rough J (45); 89 McLachlan R (45);

290 Morrison R (50)

FMC Carnegie Harriers-Colours: Orange and Green

90 Stewart I (40); 91 Laird I (40); 92 Clark G (40); 93 Lawlor T (50); 94 Greive A (40);

95 Quinn M (40); 96 Donkin K (40); 97 Nichol A (40); 98 McAra D (45); 99 Thomson T (40);

Forres Harriers-Colours: Red

100 Cowie D (45);

Garscube Harriers-Colours: White with Blue Band

101 Geddes D (40); 102 Dryden J (45); 103 Dunn I (40); 104 Heppell D (50); 105 McGlynn P (50);

106 Irvine S (50);

Girvan AAC-Colours: White with Blue & Green Hoops

107 Taylor N (40); 108 Maxwell J (45);

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops 109 Knight T (55);

110 Hay N (40); 111 Dolan R (45); 112 McLaughlin W (40); 113 Hodelet R (55);

Greenock Wellpark Harriers-Colours: White with Black Hoop

114 Gaffney G (40); 115 Cameron A (45);

Haddington East Lothian Pacemakers-Colours: Red and White Halves

116 Harris R (45); 117 Smith J (45); 118 Harley T (40); 119 Dickie M (40); 120 Carr B (45);

121 McCain F (45);

Hamilton Harriers-Colours: White with Red Facings

122 Gibson H (65); 123 Hamill W (65); 124 McInden A (45); 125 Hughes B (40);

126 Campbell B (55); 127 Longworth P (45);

Hunters Bog Trotters-Colours: Brown

128 Blair B (40); 129 Kiltie I (40); 130 Macready G (40); 131 Marshall I (45); 132 Scott E (45);

133 Taylor D (45); 134 Thomas R (40); 135 Thyne J (40);

IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes

136 Spence C (45); 137 McDonald I (40); 138 Connaghan J (55); 139 Martin D (50);

140 Smyth E (40); 141 Tracey T (40);

Irvine AC-Colours: Red with Black Trim

142 Rennie A (45); 143 White J (45); 144 Dale B (45); 145 Miller C (40); 146 McLatchie A (40);

147 Flinn M (45); 148 Simpson B (50); 149 Surgenor J (40); 150 Cheyne R (50);

151 Mcmannus I (55); 152 Morton J (40); 153 Stevenson J (40);

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

154 Evans F (45); 155 Cairns G (40);

Kilbarchan AAC-Colours: Gold with Black Hoop

156 Mewse D (45); 157 Mcmillan J (50); 158 Petrie D (40); 159 Macinnes J (45); 160 Russell S (40);

161 Kloumann J (50); 162 Rodger J (50);

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

163 Campbell I (45); 164 Douglas D (45); 165 Durnan M (45); 166 McDonald F (40);

167 Mclean G (50); 168 Mcneil K (40);

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

169 Hutton E (40); 170 Kettles R (60);

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

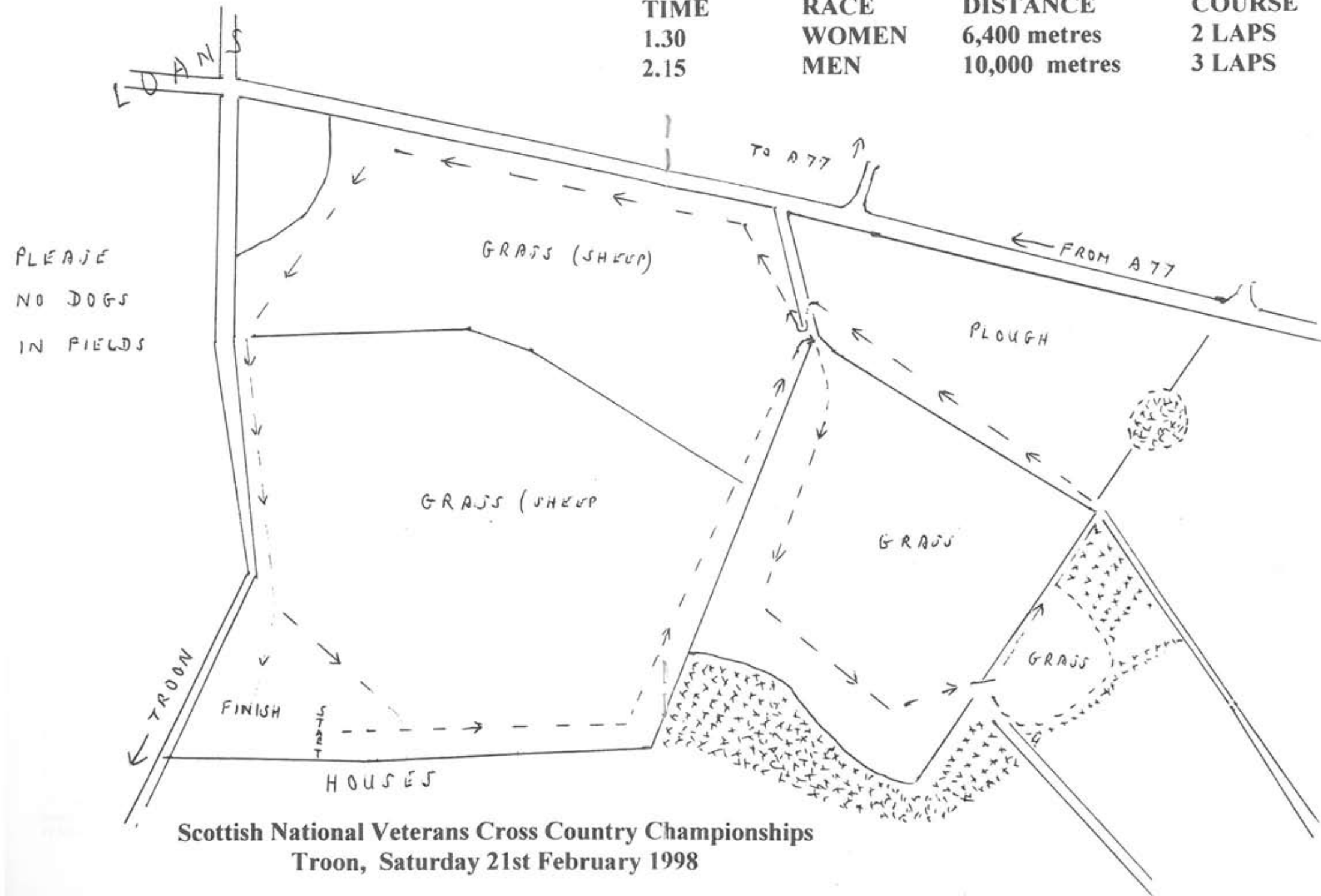
171 Gourley J (50); 172 Kelly P (50); 173 Drysdale W (60);

Linlithgow AAC-Colours: White & Yellow/black & Blue Hoops

174 Armstrong D (40); 175 Burrows G (45); 176 Forrest G (45); 177 Gallie A (40);

178 Lamont C (45); 179 Shaw R (40); 180 Devlin C (40);

TIME	RACE	DISTANCE	COURSE
1.30	WOMEN	6,400 metres	2 LAPS
2.15	MEN	10,000 metres	3 LAPS



Lochaber AC-Colours: White with 2 Blue Hoops

181 Maitland J (60); 182 Macdonald D (55);

Maryhill Harriers-Colours: Royal Blue

183 McIntyre R (60); 184 Lawson S (65);

Metro Aberdeen RC-Colours: Black/Yellow Quarters

185 Clyne F (40); 186 Jennings P (40); 187 Stewart J (45); 188 Varney K (40); 189 Williamson I (40);

190 Youngson C (50);

Mizuno Racing Club-Colours: Purple

191 Hutton A (40); 192 Kirkwood B (45); 193 Robson J (40);

Moray Road Runners-Colours: Dayglow yellow with Black Trim

194 Sim G (45); 195 Paterson E (45); 196 Milne G (50); 197 Stewart D (50);

Peterhead AAC-Colours: Sky Blue

198 Diffey J (50);

Ron Hill Cambuslang Harriers-Colours: Red with White Band

199 Barton F (40); 200 Brennan R (55); 235 Connor F (45); 236 Cooney D (45); 237 Dolan T (50);

238 Dymond D (40); 239 Eaglesham S (40); 240 Fairweather D (50); 241 Gordon I (50);

242 Gough B (45); 243 Henderson D (45); 244 Hurley F (45); 245 Jenkins A (45);

246 Marshall W (70); 247 McDougall C (45); 248 McPake T (45); 249 Ogden P (45); 250 Quinn J (40);

251 Stewart E (40);

Springburn Harriers-Colours: Navy Blue with White Diamond

252 Thom F (45); 253 Owens J (40); 254 Hill A (45); 255 Farrell W (60); 256 McGregor W (50);

257 Marshall I (45); 258 Morton D (55); 259 Harper J (50); 260 Inglis G (55); 261 Dickson E (45);

Stornoway RC-Colours: Red with Yellow Hoop

262 Duncan A (70);

Teviotdale Harriers-Colours: White with Maroon Band

263 Emerson B (45); 264 Maltman N (40); 265 Rae R (50); 266 Spence B (45); 267 Cannon F (50);

268 Samuel A (45); 269 Marsh J (40); 270 Hogg A (50); 271 Taylor N (45);

Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops

272 Robertson W (65); 273 McGregor G (50); 274 Light O (65); 275 Lambie R (70); 276 Spark W (60);

Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops

277 Doyle J (40); 278 Nicol A (45); 279 McGregor P (45); 280 Mcvey K (45); 281 Brown K (45);

282 Mcara T (40); 283 Newton R (45);

Westerlands CCC-Colours: Yellow with Black "W" on Back

284 Fleming G (50);

Wigtonshire Athletic-Colours: Red/Blue check

285 Goldsworth J (40);

Wrexham AC-Colours: Maroon

286 Brown B (40);

Govan Runners

287 Muir W (40);

Unattached

288 Kidd A (60)

NATIONAL VETERANS CROSS COUNTRY CHAMPIONSHIPS:
JACK KANE CENTRE EDINBURGH 2nd MARCH 1997;

MEN'S RACE

0001	CLYNE F	METRO ABERDEEN	MALE (40-44)	0:36:09;
0002	JENKINS A	CAMBUSLANG HARRIERS	MALE (40-44)	0:36:15;
0003	BARTON F	CAMBUSLANG HARRIERS	MALE (40-44)	0:36:21;
0004	GAFFNEY G	GREENOCK WELLPARK H	MALE (40-44)	0:36:27;
0005	KIRKWOOD B	MIZUNO RACING CLUB	MALE (40-44)	0:36:43;
0006	EMMERSON B	TEVIOTDALE HARRIERS	MALE (45-49)	0:37:07;
0007	ROBERTSON J	CAMBUSLANG HARRIERS	MALE (40-44)	0:37:15;
0008	SPENCE C	IBM SPANGO VALLEY	MALE (45-49)	0:37:18;
0009	FLYNN M	CITY OF EDINBURGH	MALE (40-44)	0:37:26;
0010	VARNEY K	METRO ABERDEEN	MALE (40-44)	0:37:28;
0011	GEMMELL D	CLYDESDALE HARRIERS	MALE (50-54)	0:37:33;
0012	YOUNGSON C	METRO ABERDEEN	MALE (45-49)	0:37:37;
0013	JENNINGS P	METRO ABERDEEN	MALE (40-44)	0:37:43;
0014	MONCUR I	DUNDEE HAWKHILL H	MALE (40-44)	0:37:51;
0015	DUNCAN A	BABCOCK PITREAVIE	MALE (50-54)	0:37:53;
0016	KNOX J	TEVIOTDALE HARRIERS	MALE (45-49)	0:37:54;
0017	GARDNER B	CALME RUNNING CLUB	MALE (40-44)	0:37:55;
0018	HURLEY F	CAMBUSLANG HARRIERS	MALE (40-44)	0:37:59;
0019	GEMMELL J	CUMNOCK & DISTRICT	MALE (40-44)	0:38:31;
0020	MALTMAN N	TEVIOTDALE HARRIERS	MALE (40-44)	0:38:32;
0021	EASTON S	FALKIRK VICTORIA H	MALE (45-49)	0:38:34;
0022	WALSH P	DUMBARTON AAC	MALE (40-44)	0:38:35;
0023	HANRATTY J	CLYDESDALE HARRIERS	MALE (40-44)	0:38:37;
0024	BOYD W	AYR SEAFORTH AAC	MALE (40-44)	0:38:39;
0025	STEWART J	METRO ABERDEEN	MALE (40-44)	0:38:42;
0026	MARTIN J	FALKIRK VICTORIA H	MALE (40-44)	0:38:45;
0027	DEMSEY S	LIVINGSTON & D AAC	MALE (45-49)	0:38:58;
0028	GREAVES M	ABERDEEN AAC	MALE (45-49)	0:39:05;
0029	SMITH J	HADDINGTON ELP	MALE (45-49)	0:39:07;
0030	HILL R	CITY OF EDINBURGH	MALE (40-44)	0:39:09;
0031	LINAKER J	BABCOCK PITREAVIE	MALE (55-59)	0:39:22;
0032	BORLAND S	DUNDEE HAWKHILL H	MALE (40-44)	0:39:34;
0033	SMITH C	CITY OF EDINBURGH	MALE (45-49)	0:39:35;
0034	STEVENSON J	IRVINE AC	MALE (40-44)	0:39:38;
0035	GILLESPIE D	FALKIRK VICTORIA H	MALE (40-44)	0:39:39;

WOMENS RACE

0001	THOMSON T	BABCOCK PITREAVIE	FEMALE (35-39)	0:29:16;
0002	MARR L	TYNEDALE HARRIERS	FEMALE (35-39)	0:30:15;
0003	FISHER K	BABCOCK PITREAVIE	FEMALE (35-39)	0:30:18;
0004	STEVENSON J	FALKIRK VICTORIA H	FEMALE (45-49)	0:30:43;
0005	ROTHER P	LIVINGSTON & D AAC	FEMALE (35-39)	0:31:02;
0006	MEIKLE K	LASSWADE AC	FEMALE (35-39)	0:31:59;
0007	TODD K	JW KILMARNOCK H	FEMALE (45-49)	0:32:09;
0008	MORTON H	IRVINE AC	FEMALE (35-39)	0:32:14;
0009	FLORENCE F	SHETTLESTON LADIES	FEMALE (35-39)	0:32:39;
0010	WATERHOUSE J	CENTRAL REGION AC	FEMALE (40-44)	0:32:44;
0011	HEARNS K	ABERDEEN AAC	FEMALE (35-39)	0:32:52;
0012	HARVEY J	SHETTLESTON LADIES	FEMALE (35-39)	0:33:02;
0013	REID E	SHETTLESTON LADIES	FEMALE (35-39)	0:33:04;
0014	MCDONALD D	HUNTERS BOG T	FEMALE (35-39)	0:33:11;
0015	MCLAREN M	FIFE AC	FEMALE (35-39)	0:33:39;
0016	HANLON G	DUNDEE HAWKHILL H	FEMALE (40-44)	0:33:54;
0017	BOYD E	AYR SEAFORTH AAC	FEMALE (40-44)	0:33:58;
0018	FERRARI J	BABCOCK PITREAVIE	FEMALE (45-49)	0:34:09;
0019	SINCLAIR M	CITY OF GLASGOW AC	FEMALE (40-44)	0:34:16;
0020	MONTEITH D	LOUDOUN RUNNERS	FEMALE (40-44)	0:34:26;

PREVIOUS MEN VETERAN CHAMPIONS

M40	M60
1972 W.Stoddart (Greenock Wellpark H.)	1972 J.E.Farrell (Maryhill H.)
1973 W.Stoddart (Greenock Wellpark H.)	1973 H.Smith (Maryhill H.)
1974 C.McAlinden (Paisley H.)	1974 J.E.Farrell (Maryhill H.)
1975 C.McAlinden (Paisley H.)	1975 G.Porteous (Maryhill H.)
1976 C.McAlinden (Paisley H.)	1976 G.Porteous (Maryhill H.)
1977 W.Stoddart (Greenock Wellpark H.)	1977 G.Porteous (Maryhill H.)
1978 W.Stoddart (Greenock Wellpark H.)	1978 A.Forbes (Victoria Park AAC)
1979 W.Stoddart (Greenock Wellpark H.)	1979 J.E.Farrell (Maryhill H.)
1980 D.McGregor (Fife AC)	1980 A.Forbes (Victoria Park AAC)
1981 M.Craven (Edinburgh Southern H.)	1981 D.Morrison (Shettleston H.)
1982 A.Brown (Clyde Valley AC)	1982 G.Porteous (Maryhill H.)
1983 D.McGregor (Fife AC)	1983 J.Clark (Clyde Valley AC)
1984 R.Hodelet (Greenock Glenpark H.)	1984 J.Kelly (Shettleston H.)
1985 R.Hodelet (Greenock Glenpark H.)	1985 J.Clark (Clyde Valley AC)
1986 B.Scobie (Maryhill H.)	1986 M.Scott (Haddington ELP)
1987 B.Scobie (Maryhill H.)	1987 W.Temple (Unattached)
1988 C.Youngson (Aberdeen AAC)	1988 W.Marshall (Motherwell YMCA)
1989 C.Youngson (Aberdeen AAC)	1989 W.Marshall (Motherwell YMCA)
1990 G.Meredith (Victoria Park AAC)	1990 W.Marshall (Motherwell YMCA)
1991 I.Elliott (Teviotdale H.)	1991 W.Marshall (Motherwell YMCA)
1992 I.Elliott (Teviotdale H.)	1992 W.Stoddart (Greenock Wellpark H.)
1993 B.Kirkwood (Racing Club Edinburgh)	1993 A.Brown (Law & District AAC)
1994 B.Kirkwood (Racing Club Edinburgh)	1994 A.Brown (Law & District AAC)
1995 B.Kirkwood (Leslie Deans Racing Club)	1995 B.Gauld (Carnethy HRC)
1996 B.Kirkwood (Leslie Deans Racing Club)	1996 T.O'Reilly (Springburn H.)
1997 F.Clyne (Metro Aberdeen)	1997 T.O'Reilly (Springburn H.)

M45	M50
1989 A.Adams (Dumbarton AAC)	1972 A.Forbes (Victoria Park AAC)
1990 A.Adams (Dumbarton AAC)	1973 W.J. Ross (Garscube H.)
1991 A.Adams (Dumbarton AAC)	1974 G.Martin (Springburn H.)
1992 A.Adams (Dumbarton AAC)	1975 T.Harrison Maryhill H.)
1993 C.Youngson (Aberdeen AAC)	1976 C.O'Boyle (Clydesdale H.)
1994 B.Emmerson (Teviotdale H.)	1977 R.Kane (Victoria Park AAC)
1995 B.Emmerson (Teviotdale H.)	1978 W.Marshall (Clyde Valley H.)
1996 G.Sim (Moray Road Runners)	1979 H.Mitchell (Shettleston H.)
1997 B.Emmerson (Teviotdale H.)	1980 W.Marshall (Motherwell YMCA)
	1981 W.Marshall (Motherwell YMCA)
	1982 W.Stoddart (Greenock Wellpark H.)
	1983 A.Wood (Aberdeen AAC)
	1984 W.Stoddart (Greenock Wellpark H.)
	1985 W.Stoddart (Greenock Wellpark H.)
	1986 W.Stoddart (Greenock Wellpark H.)
	1987 J.Irvine (Bellahouston H.)
	1988 W.Stoddart (Greenock Wellpark H.)
	1989 J.Maitland (Lochaber AC)
	1990 J.Linaker (Pitreevie AAC)
	1991 D.McGregor (Fife AC)
	1992 G.Armstrong (Haddington ELP)
	1993 D.McGregor (Fife AC)
	1994 A.Adams (Dumbarton AAC)
	1995 A.Adams (Dumbarton AAC)
	1996 A.Duncan (BT Pitreevie AAC)
	1997 D.Gemmell (Clydesdale H.)

M55	
1989 H.Gibson (Hamilton H.)	
1990 H.Rankin (JW Kilmarnock AC)	
1991 W.Gauld (Carnethy HRC)	
1992 H.Rankin (JW Kilmarnock AC)	
1993 W.Gauld (Carnethy HRC)	
1994 H.Morrison (Edinburgh AC)	
1995 J.Linaker (BT Pitreevie AAC)	
1996 J.Linaker (BT Pitreevie AAC)	
1997 J.Linaker (B Pitreevie AAC)	

M65	
1989 T.Harrison (Maryhill H.)	
1991 H.McGinley (Falkirk Victoria H.)	
1992 W.Gillespie (Falkirk Victoria H.)	
1993 W.Marshall (Scottish Veteran H.)	
1994 W.Marshall (Cambuslang H.)	
1995 W.Marshall (Cambuslang H.)	
1996 W.Marshall (Cambuslang H.)	
1997 W.McBrinn (Shettleston H.)	

M70	
1991 T.Harrison Maryhill H.)	
1992 T.Harrison Maryhill H.)	
M75	
1989 D.Morrison (Shettleston H.)	
1992 G.Porteous (Maryhill H.)	

PREVIOUS WOMEN VETERAN CHAMPIONS

W35	W50
1993 S.Branney (City of Glasgow)	1993 S.Roger (Dundee Roadrunners)
1994 T.Thomson (BT Pitreevie AAC)	1994 J.Phillips (Lasswade AC)
1995 T.Thomson (BT Pitreevie AAC)	1995 J.Byng (Irvine AC)
1996 S.Armitage (Aberdeen AAC)	1997 J.Byng (Irvine AC)
1997 T.Thomson (B Pitreevie AAC)	

W40	W55
1993 J.Stevenson (Falkirk Victoria H.)	1993 M.Moore (Kilbarchan AAC)
1994 J.Stevenson (Falkirk Victoria H.)	1994 M.Moore (Kilbarchan AAC)
1995 G.Hanlon (Dundee Hawkhill H.)	1995 M.Moore (Kilbarchan AAC)
1996 L. McGarry (Irvine AC)	1996 M.Gallacher (Maryhill H.)
1997 J.Waterhouse (Central AC)	

W45	TEAMS
1993 M.Robertson (Dundee Roadrunners)	1993 Fife AC
1994 P.Lemoncello (Fife AC)	1994 Fife AC
1995 M.Robertson (Dundee Road Runners)	1995 Livingston & D AAC
1996 J.Stevenson (Falkirk Victoria H.)	1996 Aberdeen AAC
1997 J.Stevenson (Falkirk Victoria H.)	1997 B Pitreevie AAC

NATIONAL VETS VENUES

1986 BISHOPBRIGGS	1993 ST ANDREWS
1987 MUSSELBURGH	1994 TROON
1988 CLYDEBANK	1995 HAWICK
1989 ABERDEEN	1996 NEW ELGIN
1990 DUMFRIES	1997 EDINBURGH
1991 LINLITHGOW	1998 TROON
1992 TROON	